

Dave's Specialty Foods, Inc.

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Shredded Brussels Sprouts

Ingredients:

½	Onion, diced
3 cups	Brussels sprouts, trimmed and shredded
	Olive oil-extra virgin
	Salt and pepper
¼ cup	Dried cranberries
½ cup	Almonds, TOASTED!
3 tbsp	Grated parmesan

Method:

Saute onions with dash of olive oil in large sauté pan over high heat. Toss and cook until light brown and delicious smelling. Add shredded sprouts and a dash more olive oil. Continue to toss and cook about 4-5 minutes to soften sprouts. Season with salt and pepper and check seasoning. Remove from heat and stir in cranberries, almonds and parmesan. Toss very well and serve warm!